

# ARTISTS UNITED INTERNATIONAL



## Faith and Fasting

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Faith and fasting are two power twins that will break any spiritual resistance to the will of God in your life.

***Is not this the fast that I have chosen, to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? (Isaiah 58:6)***

**Jesus confirms this truth again in Matthew 17:14-21:**

And when they came to the multitude, there came to him a certain man, kneeling down to him, and saying, Lord, have mercy on my son: for he is epileptic, and is very ill: for often he falls into the fire, and often into the water. And I brought him to your disciples, and they could not cure him.

*Then Jesus answered and said, O faithless and perverse generation, how long shall I be with you, how long shall I endure you, bring him here to me.*

**And Jesus rebuked the demon;** and he departed out of him: **and the child was cured from that very hour.**

Then came the disciples to Jesus apart and said, why could not we cast him out?

And Jesus said unto them, **Because of your unbelief: for verily I say unto you, if you have faith as a grain of mustard seed, you shall say unto this mountain, Remove from here to yonder place; and it shall remove; and nothing shall be impossible unto you.**

**But this kind goes not out but by prayer and fasting.**

What was the reason for the disciples not being able to cast out the spirit of sickness?

In Matthew 10:8, we read how Jesus told them to **“heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.”** Jesus had anointed them to do just that, nevertheless, this time they were not able to do so.

Why not?

Jesus said that it was because of their unbelief, and then he added: **“But this kind goes not out but by prayer and fasting.”**

**Sometimes fasting and prayer is needed in order for the gift of Faith to be activated, so that even the most stubborn of sicknesses, evil spirits, and hindrances to prayer can be removed, so that the sick might be healed, and the answer can come.**

**The Word declares it and I have seen it on a number of occasions in my own life. It is true that Faith with prayer and fasting will break every yoke. Amen!**

-Roger Wågsjö