



Preparing For The Move Of The Lord By Fasting.

(March 17, 2008)

In the beginning of this year, I had a visitation of two angels that woke me up by their conversation, early in the morning. One of the things that they said was that there is coming a great move of the Spirit of God to Europe and to Sweden, and to tell people who are hungry for more of God, to prepare themselves for the move of the Spirit through fasting and praying.

Jesus said in Acts 1:8: Ye shall receive power after the Holy Ghost has come upon you and be witnesses.

*The disciples had a promise, but they also had to **do something** in order to receive that promise. It is the same way today!*

Everyone has been promised power to be a witness for God. Yet, how do we prepare ourselves to receive it? Some say that it is only by praying, but let us see what the Word of God has to say.

After the resurrection, Jesus appeared to many people. At one point in time, over 500 (1 Corinthians 15:8) saw him. Yet, there were only 120 people in the upper room on the day of Pentecost. Why?

Only those that were hungry enough were filled with the Spirit of God. They acted in faith, on the Word of the Master, and prepared themselves to receive the promise.

Blessed are those that hunger and thirst for righteousness, for they shall be filled (Matthew 5:6).

The Lord said to me that this is a time to prepare for the moving of the Spirit of the Lord in our lives, families, churches, and nations.

Likewise today, I am, by the Spirit, able to see a move of God's Spirit in Sweden and Europe. This, however, will only benefit those who are hungry enough to prepare themselves by seeking God through Bible based prayer and fasting, and a sincere study of God's Word.

The disciples, in Matthew 17, were unable to help the man with the sick son because of their unbelief (Matthew 17:20). Jesus responded to them by saying, "**if you have faith** like a grain of mustard seed, **you can say to this mountain** (or obstacle) to be removed, and it shall obey you."

But this kind does not go out except by prayer and fasting. (v. 21)

In this case, Jesus said that they lacked the faith needed because they lacked in prayer and fasting. ***So faith in God is always needed to move mountains (obstacles), and sometimes it also takes prayer and fasting.***

We, as ministers, performers, and artists, need to look to a greater purpose for our lives than ourselves. We must resist the temptation of becoming self-centered and self-occupied. *The God chosen fast is a great way of doing this!*

Read Isaiah 58:6 about the benefits of the God chosen fast: ***"Is not this the fast that I have chosen: to loose the bonds of wickedness, to undo the bands of the yoke, to let the oppressed go free, and that you break every [enslaving] yoke?"***

Fasting together with prayer are very powerful weapons that God has given to His chosen people to be used in spiritual warfare. ***They are weapons that God says will break every yoke of bondage, by opening for the move of the Spirit.***

Scriptures to Study: Acts 1 and 2, Matthew 5:6, Matthew 17, 1 Corinthians 15:8, Isaiah 58.

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